



Use this worksheet to create your own soap recipes based on the oils and herbs that you have on hand. Use a lye calculator to calculate the amount of lye that you need for each recipe based on the oils and fats that you are using for the soap.

## Soap Making Worksheet

Soap name: \_\_\_\_\_

Yield: \_\_\_\_\_

### Lye solution

Liquid \_\_\_\_\_ ml.

Lye amount \_\_\_\_\_ grams

Superfat lye reduction \_\_\_\_\_%

### Oils

\_\_\_\_\_ grams \_\_\_%

\_\_\_\_\_ grams \_\_\_%

\_\_\_\_\_ grams \_\_\_%

\_\_\_\_\_ grams \_\_\_%

\_\_\_\_\_ grams \_\_\_%

### Herbs and Essential Oils

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_ ml/drops essential oil

\_\_\_\_\_ ml/drops essential oil

\_\_\_\_\_ ml/drops essential oil

\_\_\_\_\_ ml/drops essential oil

Directions: Follow usual soap procedures. You can print the directions with most lye calculators. Observe ALL safety precautions for cold processed soap.