



Botany: Characteristics of Mint Family plants: Lamiaceae



- Square stems
- Opposite leaves
- Flowers have 4 stamens – 2 long and 2 short
- Flowers have 5 sepals which are fused together
- Flowers have 5 petals fused together, with 2 petal lobes up and 3 petal lobes down.
- Seed capsule contains 4 nutlets
- Many species have strong scent and aromatic oils

Plants in the mint family



- Anise Hyssop
- Catnip
- Chocolate mint
- Henbit/purple dead nettle
- Horehound
- Lavender
- Monarda/ Bee Balm
- Motherwort
- Oregano
- Pennyroyal
- Peppermint
- Rosemary
- Self Heal
- Spearmint